

BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



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COMMUNITY HEALTH WORKER SPOTLIGHT

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Shantie's favorite part of being a community health worker is "offering enhanced support to the community. It's not just a job when the effort is genuine."

Did you know that March is National Nutrition Month?

A diet of different kinds of food is recommended, including lots of vegetables, fruits and whole grains.

COMMUNITY-BASED ORGANIZATION SPOTLIGHT



**SMITH CENTER
FOR HEALING AND THE ARTS**

community. creativity. cancer support.

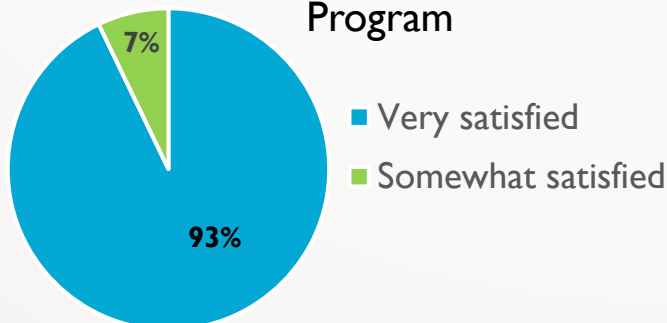
Founded in 1996, Smith Center for Healing and the Arts is a nonprofit health, education, and arts organization in Washington, DC. They offer retreats and programs for adults living with cancer and their caregivers including yoga and stress reduction, creative expression, nutrition classes, as well as educational talks and support groups. To learn more, visit <https://smithcenter.org/> or reach out to info@smithcenter.org or **(202)-483-8600**.

STUDY PROGRESS HIGHLIGHTS

A total of **66** patients have enrolled in the study so far.

14 patients have completed the 6-month program, and **all** of them reported feeling satisfied with the program.

Patient Satisfaction with Program



PATIENT FEEDBACK SPOTLIGHT

One patient said that whatever problem that she had, her community health worker was always there to listen to what she was going through.

Local food resources:

- Hungry Harvest
- Bread for the City
- Feed the Fridge
- Arcadia Food

**Ask your community health worker about local food delivery or cooking classes in your community*