

BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



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RESEARCH TEAM SPOTLIGHT



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Dr. Mandi Pratt-Chapman is the Associate Center Director of Patient-Centered Initiatives and Health Equity for the GW Cancer Center. Her research focuses on the advancement of patient-centered care and health equity.

CANCER SUPPORT ORGANIZATION SPOTLIGHT



Inova Life with Cancer is a leading cancer education and emotional support organization. They offer a variety of free in-person, online, and hybrid programs and services for patients, survivors, and their loved ones. Their programs include support groups for men and prostate cancer survivors, mind-body and fitness classes, nutrition education, and sexual health education.

To learn more, visit www.lifewithcancer.org or contact lifewithcancer@inova.org or **703-206-5433**.

National Men's Health Week is from June 12-18, 2023.

Heart disease affects approximately **1 in 6** males in the U.S. You can reduce your risk of heart disease by checking your blood pressure regularly, limiting alcohol intake to one drink per day, finding healthy ways to cope with stress, and talking to your doctor about checking your cholesterol levels.

STUDY PROGRESS HIGHLIGHTS

A total of **97** patients have enrolled in the study so far, including **34** men.

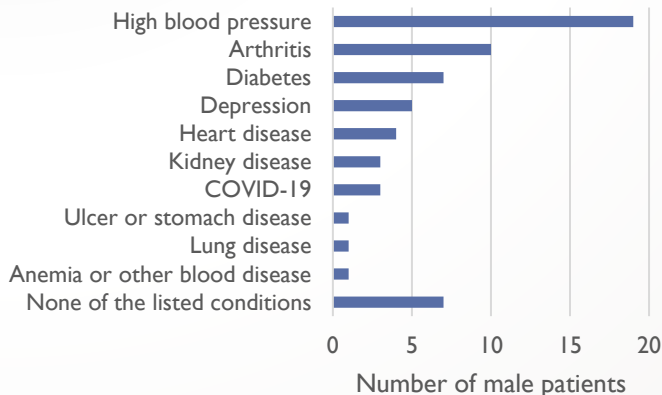
Health challenges are common.

Male participants in this study reported having high blood pressure (56% of male patients) and arthritis (29% of male patients).

Primary care doctors should be able to help with these chronic conditions.

***Ask your CHW if you want help connecting with primary care.**

Comorbidities Reported by Men



WE WANT TO HEAR FROM YOU!

What additional information would be helpful for us to include in the newsletter? Contact Marjanna.Smith@MedStar.net or let your community health worker know