

BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



August 2023

RESEARCH TEAM SPOTLIGHT



Christopher J. King, PhD, FACHE
Co-Investigator (Georgetown University)

As inaugural Dean of Georgetown University's School of Health, Dr. Christopher J. King is a senior executive at Georgetown University. As an associate professor, his teaching, research, and scholarship is at the intersection of healthcare,

public health, and racial justice. Dr. King is a Fellow of the American College of Healthcare Executives and a nationally recognized speaker on health systems transformation. He has worked in the healthcare sector for over 20 years.

National Senior Citizens Day is August 21, 2023.

See our organization spotlight for the types of classes offered to senior residents of DC or look at the next page to see senior center locations.

ORGANIZATION SPOTLIGHT



The DC Office on Aging Senior Wellness Centers provide both virtual and in-person programs that promote the health and wellness of DC senior residents aged 60 and older. Activities and classes include nutrition education, cooking demonstrations, exercise classes, massage therapy, movie days, book club, arts & crafts, and social gatherings and trips.

To learn more, visit <https://dacl.dc.gov/service/senior-centers> or contact dacl@dc.gov or 202-724-5626.

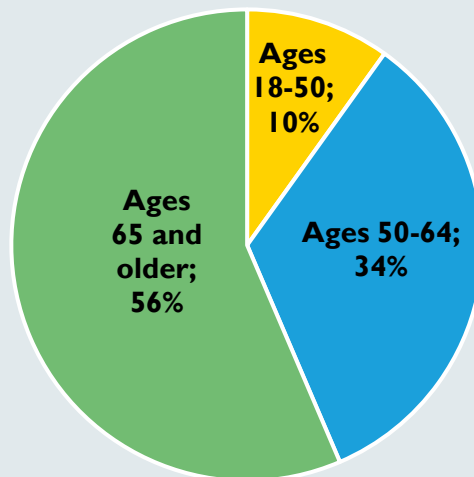
STUDY PROGRESS HIGHLIGHTS

A total of **100** patients have enrolled in the study so far.

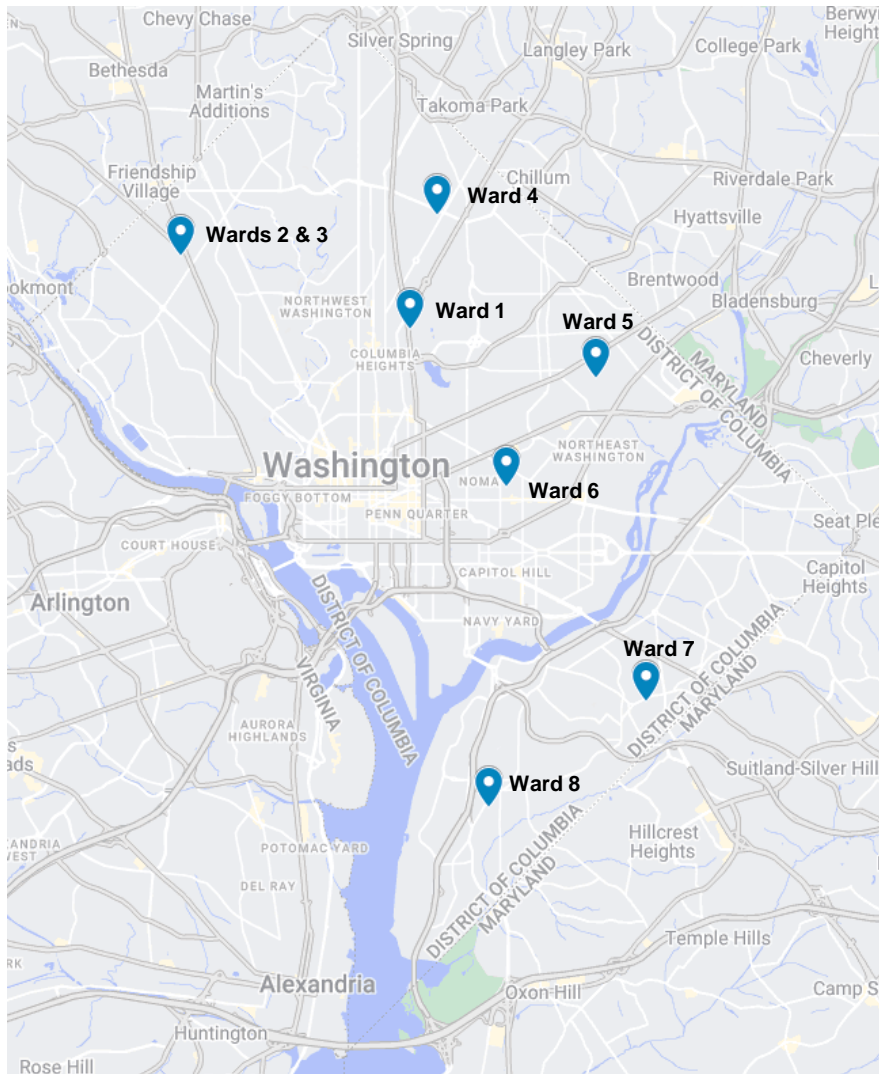
55 patients have completed the 6-month program, and **52 (95%)** of them reported feeling satisfied with the program.

More than half of our participants are 65 years old or older. This is expected, as the risk of cancer is higher among this age group.

Participants By Age Group



Senior Centers in DC



Ward 1

Bernice Fonteneau Senior Wellness Center

3531 Georgia Avenue, NW Washington, DC 20011

Phone: (202) 727-0338

Wards 2 and 3

Around Town Satellite Wellness Program

4125 Albemarle Street, NW Washington, DC 20016

Phone: (202) 895-9485

Ward 4

Hattie Holmes Senior Wellness Center

324 Kennedy Street, NW Washington, DC 20011

Phone: (202) 291-6170

Ward 5

Model Cities Senior Wellness Center

1901 Everts Street, NE Washington, DC 20018

Phone: (202) 635-1900

Ward 6

Hayes Senior Wellness Center

500 K Street, NE Washington, DC 20002

Phone: (202) 727-0357

Ward 7

Washington Seniors Wellness Center

3001 Alabama Avenue, SE Washington, DC 20020

Phone: (202) 581-9355

Ward 8

Congress Heights Senior Wellness Center

3500 Martin Luther King, Jr. Avenue, SE Washington, DC 20032

Phone: (202) 563-7225