REDUCING HEALTH DISPARITIES AMONG **CANCER SURVIVORS STUDY NEWSLETTER**





GW Cancer Center



COMMUNITY HEALTH WORKER **SPOTLIGHT**



Oluwabukola "Bukky" Oluwole, MPH

MedStar Health Research Institute

Bukky's favorite part as a community health worker is "being a part of the patient's

support system and making them understand and realize that they are not alone and that there is help for their practical and emotional needs."

Did you know that February is the **National Cancer Prevention Month?**

Maintaining a healthy weight, exercising regularly, and quitting smoking could reduce your risk of developing another cancer.

COMMUNITY-BASED ORGANIZATION **SPOTLIGHT**

Hope Connections

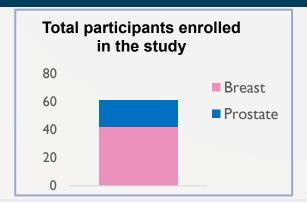
for Cancer Support has been supporting people with cancer since 2007. They offer



support groups, mind/body classes and educational and social programs free of cost to anyone who has been affected by a cancer diagnosis. To learn more, visit

hopeconnectionsforcancer.org/ or reach out to info@hopeconnectionsforcancer.org or (301) 634-7500.

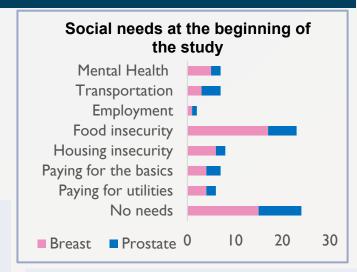
PRELIMINARY FINDINGS



A total of 61 patients have enrolled in the study so far, and 12 patients have already completed the 6-month program.

PATIENT FEEDBACK SPOTLIGHT

One patient said that "it was comforting to know someone was looking out for him and checking in with him post-surgery."



- **Hope Connections**
- Smith Center for the Healing and Arts
- **Cancer Support Community**
- MedStar Health Social Needs Program