

BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



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RESEARCH TEAM SPOTLIGHT

Janice Ferebee, MSW *Community Health Worker*

Janice Ferebee, MSW, GW's new Cancer Center Associate (coming out of retirement), is a native New Yorker and two-time fallopian tube cancer survivor blessed with over 30 years in long-term recovery. She is an award-winning

female empowerment expert (recognized by OPRAH & ESSENCE), author, speaker, and two-time DC elected official, with a Master of Social Work from the University of Pennsylvania. Janice has turned over four decades of unique personal and professional experience into tools to empower others, with a special passion for individuals on their cancer journey and girls and young women of color. She calls this "love work" as she carries on the legacy of relative Dr. Dorothy Boulding Ferebee, trailblazing Black female physician, and DC public health pioneer.



ORGANIZATION SPOTLIGHT



Do you know anyone who needs encouragement or support for breast cancer screening? Breast Care for Washington in Ward 8 seeks to reduce breast cancer mortality by promoting access to breast cancer screenings and referrals for treatment to all women **regardless of their ability to pay.** They assist patients with screening, assistance with identifying eligibility for public assistance programs, and if needed, navigating help for follow up. Their office is open M-F 8:30am-4:00pm, as well as two Saturdays per month, by appointment.

For more information, visit breastcaredc.org or call **202-465-7164.**

STUDY PROGRESS HIGHLIGHTS

A total of **110** patients have enrolled in the study so far. **69** patients have completed the 6-month program, and **65 (94%)** of them reported feeling satisfied with the program.

October is National Breast Cancer Awareness Month

If you have a friend or family member who feels anxious about getting a cancer screening, sharing your experience and offering support may help encourage them to get their screening.

For women without a history of breast cancer, screening may **begin at age 40** and continue annually; it is best to discuss starting screening with your doctor.

For women with a history of breast cancer, your doctor will recommend how often to get a mammogram or screening – it will depend on your personal medical history but may be every year.

Men can get breast cancer too. Men who have radiation exposure or a family history of breast cancer may want to check regularly for lumps and report anything that feels unusual to a doctor.