

BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



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RESEARCH TEAM SPOTLIGHT

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GW Cancer Center



Jennifer Cook has recently joined the BEAT-C team as a Community Health Worker. She has studied nursing and nutrition education. With her background in healthcare, nutrition, and education, public health and community outreach are the basis of her passion.

STUDY PROGRESS HIGHLIGHTS

A total of **205** patients have enrolled in the study so far.

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124 patients have completed the 6-month program, and **117 (94%)** of them reported feeling satisfied with the program.

The BEAT-C study has expanded to **MedStar Southern Maryland Hospital**, and we now enroll patients with **all types of cancer**.

Featured Cancer Survivor Story: Tallulah Anderson

Tallulah Anderson is a proud breast cancer survivor, founder of 2for2Boobs, and BEAT-C Participant Advisory Board member. Her organization 2for2Boobs is a call to action to “Take 2 minutes 2 Check Your 2” – encouraging monthly self-breast checks for both women and men.

Q: What was your experience with cancer diagnosis and treatment?

A: I have heard the words “You have breast cancer” three times. First in 1998, then in 1999, and then 15 years later in 2014. I have undergone surgery, radiation, chemotherapy and endocrine/hormone treatment. I am coming up on 10 years now of NED (No Evidence of Disease).



Q: What have you found most helpful in your survivorship journey?

A: Having treatment options that were not available when my mother and sister were diagnosed with breast cancer, and more access to information and resources specific to Black women. Knowledge is power, and knowing you can thrive after cancer is empowering.

Q: What has been the most rewarding part of running your organization?

A: Showing cancer survivors that sharing their story can be a part of their healing journey and allow for empowered engagement as they educate and inspire others to be diligent about their breast health.

Q: What message would you like to share with fellow cancer survivors?

A: Every journey is different, but after going through treatment you can thrive. It's possible to live a healthy and wonderful life after cancer. My favorite hashtag that I use says it all: #Survive2Thrive.