

# BUILDING EQUAL ACCESS TOGETHER IN CANCER (BEAT-C) NEWSLETTER



September 2024

## STUDY PROGRESS HIGHLIGHTS

A total of **260** patients have enrolled in the study so far.

## COMMUNITY EVENT SPOTLIGHT

**What:** 27<sup>th</sup> Annual Harvest Day and Health Fair

**Featuring:** Free food, free health screenings, live entertainment, music, games, prizes

**When:** Saturday, Sept. 14, 10AM-2PM

**Where:** The Well at Oxon Run, 300 Valley Avenue SE, Washington, DC 20032

**Contact:** DC Greens – call 202-601-9200 or email [info@dcgreens.org](mailto:info@dcgreens.org)

**No RSVP Required.**



## Featured Cancer Survivor Story: Thelma D. Jones

Thelma D. Jones is an award-winning community activist, breast cancer survivor, advocate and founder and board chair of the Thelma D. Jones Breast Cancer Fund. Her experience with breast cancer was the motivation and inspiration behind creating an award-winning support group meeting that has welcomed over 3,000 breast cancer survivors and caregivers since 2010.

### Q: What was your experience with cancer diagnosis and treatment?

A: In 2007, I was diagnosed with an aggressive form of breast cancer. I was overwhelmed with fear and concern about my future. I underwent several rounds of harsh chemotherapy, surgery, six weeks of radiation, and hormonal therapy for ten years. It was a tough battle, but I was determined to prevail so that I could help others navigate their journey.



### Q: What have you found most helpful in your survivorship journey?

A: I have found that sharing my story helps to give hope and increase awareness of this insidious disease that affects the lives of far too many people. It also helps me to share the message that early detection saves lives and creates a better outcome.

### Q: Where have you found support, motivation, and empowerment?

A: I have found support through my faith, medical team, family, and friends and by attending a monthly support group.

### Q: What message would you like to share with fellow cancer survivors?

A: No one has the same breast cancer experience, and it's important to empower yourself with knowledge and work with your patient navigator or community health worker while enjoying a good and trusting relationship with your medical care team.